

MIDWEST SWING DANCE CO.

3-WEEK DANCE CLASS INFORMATION

Class Dates: April 10th, April 17th, & April 24th from 7-9pm

Cost Per Person: Members : \$75 | Non Members: \$85

Pearson Lakes Arts Center | Okoboji, IA

What we teach: Our style of swing is a Simplified Single-Step East Coast Lindy Variation. It is very simple and not difficult to pick up. We like to say that if you can count to four *you can dance!*

Who is this class for: This class is open to all ages (21+) and experience levels. We work from the ground up so that anyone at any ability level can learn how to dance. This class is not only for couples, but for singles too! If necessary we rotate partners so that everyone gets a chance to dance. A partner isn't required but it is helpful, so please feel free to invite friends!

Our goal is to teach brand new and experienced dancers the skills and confidence to swing dance in any social environment. We will be instructing the class in a basic single swing step, helping students learn to lead and follow well, and teaching a variety of moves including but not limited to turns, tricks and dips!

Each week will consist of warm ups, a review from the previous week, a lesson in 1-5 moves, fun games, technical skill development and free time to dance and socialize!

What to wear: You may wear whatever clothes you're comfortable dancing in. If you'd like to dress up, go for it. If you'd like to dress down and wear sweats, that's cool too! Just remember, this is physical activity, so be prepared to sweat and wear clothing that you can move comfortably in. For shoes you're welcome to wear *clean*, non-marking street shoes that haven't been worn outdoors.

What to bring: Please take along a smile, a learning spirit and a positive attitude.

Before class starts we'd like for you to read our FREE e-book "Swing Theory - An Introduction to Swing Dancing in Social Settings" to help you get started learning about what goes into the swing dancing experience. This will better prepare you for the class and give us more time to get dancing right away at the start. Here's the Link to the e-book:

<https://simplyswing.samcart.com/products/swing-theory--an-introduction-to-swing-dancing-in-social-settings>

About the teachers: *Courtney Johnson* (Beginner, Intermediate and Advanced Instructor) is a local professional photographer for Aesthetic Essence Photography. She has been dancing for seventeen years and swing dancing for eight! She began at Robin's School of Dance in the third grade, was Captain of her dance team at Western Christian and has never stopped dancing! She learned how to Swing Dance at the Dordt University club with friends.

Marcus Johnson (Beginner Instructor) is Courtney's husband! He works for Schiebout Window and Door as their lead installer. Marcus learned to dance from Courtney early on in their relationship back in 2019.

Thanks for registering!! Here's the link to our website and facebook page where we will keep you updated on all things swing! www.mwswingdance.com | <https://www.facebook.com/mwswingdance>

Please direct further questions to midwestswingdance@gmail.com